



FAST is a team-oriented introduction to the sport of tennis. It is offered to boys and girls in grades K-4. The FAST league meets for 7 Saturdays between September 10 and October 22 in a fun 1-hour format (3:30-4:30 pm) that offers 30 minutes of coaching and 30 minutes of games.

Cost is \$75 for the 7 week session, and the kids receive a racquet, training ball and t-shirt, plus a free 10-and-under USTA membership. (End of the season Pizza Party, too!)

For more information and sign up, go to <a href="www.fasttennis.org">www.fasttennis.org</a> or contact Matt Dektas at <a href="mail.com">mdektas@hotmail.com</a>.

## Little Cougars Soccer

Little Cougars Fall Soccer Are you looking for a way to get your child involved in athletics here at St. Mary? Little Cougars is a great way for you and your child to stay active, become involved and make new friends! Registration is now open to all Fall 2016/2017 St. Mary Parish kindergarteners. The season will be held on Wednesday's, September 14th- October 12th, from 5-6pm at Otto Armleder Park. If you have any questions please feel free to contact Molly Bruegge at m\_eagan@msn.com or 859-992-1591. Registration will be open until September 7th. To sign up please visit: www.stmarysoccer.assn.la

## Little Dribblers Basketball

Little Dribblers is an introductory basketball program open to K,1,2 aged parishioners. The goal of Little Dribblers is to expose children to the sport of basketball and to teach them some of the fundamentals of the game. It is also a great opportunity for fellowship for St. Mary families. There will be 6 weeks of Little Dribblers sessions on Friday evenings between 5:00 and 9:00. Coaches are on the floor and do the coaching and the refereeing. Volunteers needed!

Jason Blake at jason@thegrowlerhouse.com.

## Little Spikers Volleyball

Little Spikers Volleyball will be offered in the spring to boys and girls grades K-3, more information to follow. Contact Amy Finn, Amy.Finn@quintiles.com for volunteer opportunities.