



Cougar Café Lunch Menu

	Monday 09/07	Tuesday 09/08	Wednesday 09/09	Thursday 09/10	Friday 09/11
ENTRÉE	NO SCHOOL LABOR DAY	Cheese and Pepperoni Pizza Roasted Zucchini <i>GLUTEN FREE CRUST AVAILABLE</i> M E S W	<i>Cougar Bowl</i> Popcorn Chicken Mashed Potatoes w/Gravy Sweet Corn M W	Burgers Curly Fries Veggie Medley <i>GLUTEN & SESAME FREE BUNS AVAILABLE</i> W M	Chicken Burrito Bowl Cilantro Lime Rice Black Beans S
GRILL	NO SCHOOL LABOR DAY	Italian Hoagie <i>GLUTEN & SESAME FREE BUNS AVAILABLE</i> S M W	Fish Sandwich <i>GLUTEN & SESAME FREE BUNS AVAILABLE</i> W F	Black Bean Burger <i>GLUTEN & SESAME FREE BUNS AVAILABLE</i> W	Cheese Quesadilla V M
SALAD	NO SCHOOL LABOR	Pasta Salad	Chef Salad	Spinach Bacon and Egg Salad	Garden Salad

Combo lunch: \$6.50 includes: Entrée, fresh veggie or fresh fruit and milk or 4oz water

Food allergen legend: **M**=Milk / **W**=Wheat / **E**=Eggs / **S**=Soy / **SE**=Sesame / **F**=Fish

View a la carte items and pricing at stmaryhp.org on the lunch menu page

Brandi Croley, Chef Manager
St. Mary School Hyde Park
mobile: 513-371-0114
SFE- Southwest Foodservice Excellence, LLC
brandi.croley@sfelc.org

