Cougar Café Lunch Menu

	Monday 11/02	Tuesday 11/03	Wednesday 11/04	Thursday 11/05	Friday 11/06
ENTRÉE	3-Way Chili Spaghetti Buttered Green Beans W	Cheese and Pepperoni Pizza Side Salad **GLUTEN FREE CRUST AVAILABLE** M E S W	Teriyaki Chicken with Jasmine Rice Stir-Fried Mixed Vegetables S	Boneless Wings Potato Wedges Sweet Corn W	**National Nacho Day** Beef Nachos Spanish Rice Refried Beans M
GRILL	Gyro on Pita Bread W	Meatball Hoagie **GLUTEN & SESAME FREE BUNS AVAILABLE** S W M	BLT Wrap W	Pulled Pork BBQ Sandwich **GLUTEN & SESAME FREE BUNS AVAILABLE** W	Cheese Enchiladas W M
AD\SOUP	Vegetable Soup	Garden Salad	Broccoli Cheddar Soup M	Garden Salad	Chicken Noodle Soup

Combo lunch: $6.50 includes: Entrée, fresh veggie or fresh fruit and milk or 4oz water

Food allergen legend: **M**=Milk / **W**=Wheat / **E**=Eggs / **S**=Soy / **SE**=Sesame / **F**=Fish

view a la carte items and pricing at stmaryhp.org on the lunch menu page

Brandi Croley, Chef Manager
St. Mary School Hyde Park
mobile: 513-371-0114
SFE- Southwest Foodservice Excellence, LLC
brandi.croley@sfellc.org