



Cougar Café Lunch Menu

	Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
ENTRÉE	French Toast Sticks Turkey Sausage Breakfast Potatoes M E	Cheese and Pepperoni Pizza Side Salad <i>GLUTEN FREE CRUST AVAILABLE</i> M E S W	No Lunch Parent/Teacher Conferences Early Dismissal	No School Parent/Teacher Conferences	No School Fall Break
GRILL	Sausage Biscuit Sandwich	Italian Hoagie <i>GLUTEN & SESAME FREE BUNS AVAILABLE</i> S M W	No Lunch Parent/Teacher Conferences Early Dismissal	No School Parent/Teacher Conferences	No School Fall Break
SALAD	Garden Salad	Garden Salad	No Lunch Parent/Teacher Conferences Early	No School Parent/Teacher Conferences	No School Fall Break

Combo lunch: \$6.50 includes: Entrée, fresh veggie or fresh fruit and milk or 4oz water

Food allergen legend: **M**=Milk / **W**=Wheat / **E**=Eggs / **S**=Soy / **SE**=Sesame / **F**=Fish

view a la carte items and pricing at stmaryhp.org on the lunch menu page

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