Cougar Café Lunch Menu

	Monday 11/09	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13
ENTRÉE	National Chicken Sandwich Day Hand Breaded Chicken Sandwich Waffle Fries Sweet Corn W	Cheese and Pepperoni Pizza Side Salad **GLUTEN FREE CRUST AVAILABLE** M E S W	Pancakes Turkey Scrambled Eggs Turkey Sausage Hash Browns W M	EARLY DISMISSAL NO LUNCH	Beef Tacos in Soft Tortilla Cilantro Lime Rice Black Beans W
GRILL	Grilled Chicken Sandwich **GLUTEN & SESAME FREE BUNS AVAILABLE** W	Meatball Hoagie **GLUTEN & SESAME FREE BUNS AVAILABLE** S M W	Sausage Biscuit Sandwich W M	EARLY DISMISSAL NO LUNCH	Cheese Quesadillas W M
D\SOUP	Chicken and Dumpling Soup	Garden Salad	Loaded Potato Soup	EARLY DISMISSAL	Chicken Noodle Soup

Combo lunch: $6.50 includes: Entrée, fresh veggie or fresh fruit and milk or 4oz water

Food allergen legend: **M**=Milk / **W**=Wheat / **E**=Eggs / **S**=Soy / **SE**=Sesame / **F**=Fish

view a la carte items and pricing at stmaryhp.org on the lunch menu page

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